

Text 1 Healthy Food

1. Eating is fun, especially when you are hungry. Most people have a favourite food. Some people enjoy eating sweet things like cakes, chocolates and ice cream. Other people enjoy savoury foods like cheese and meat. Enjoying eating is our body's way of making sure that it gets the things it needs to work properly.

2. Food helps us to keep warm, talk, run and do all the other things we do. It helps us to grow and stay healthy.

3. Vitamins also help us to be healthy. Scientists name vitamins after the alphabet. All of them are very important, for example: vitamin C keeps our skin and gums healthy. It is found in fresh fruit and green vegetables, such as oranges, blackcurrants, lettuce. Brussels sprouts and spinach also contain a lot of vitamin C.

4. Vitamin D helps our bones to grow strong and hard, and we are able to make it for ourselves if our skin gets enough sunlight. But we can also get vitamin D if we eat fish, milk, butter, cheese and margarine. Some people buy pills and tablets containing vitamins. But most of us get more than enough of them from our food.

Level 1

1) Прочитай текст (1-4) и найди соответствия с заголовками (A-D).

A. Витамины и алфавит. C. Ты не можешь жить без еды.

B. О вкусах не спорят. D. Укрепляющий витамин.

2) Закончи предложения, выбрав правильный вариант.

- | | | |
|------------------|------------------------------|-------------------------|
| 1. Food helps us | 2. Vitamins are called after | 3. We can get vitamin D |
| a) to keep fit | a) the colors | a) in oranges |
| b) to be healthy | b) fruits and vegetables | b) in milk |
| c) to get fun | c) the alphabet | c) in juice |

Level 2

1) Прочитай текст. Отметь предложения, которые соответствуют тексту- T (True), и предложения, которые не соответствуют тексту, - F (False).

- a) When we enjoy eating our body gets everything to work well.
- b) To get vitamins you need to buy pills.
- c) Vitamin C is important for our skin.
- d) You can get vitamin D only eating special food.

2) Переведи на русский язык.

Hungry _____

Stay healthy _____

Important _____

Fresh fruit _____

Sunlight _____

Level 3

1) Задай три вопроса к тексту.

2) Расставь предложения по порядку.

- 1. Vitamins are named after the alphabet.
- 2. The food helps us to grow and stay healthy.
- 3. People have different tastes in eating.
- 4. Vitamin C is found in fresh fruit and green vegetables.
- 5. Some people like sweet things, other prefer savoury food.
- 6. We can get vitamins from our food.
- 7. We are able to make vitamin D if our skin gets enough sunlight.

Text 2

With the words "Elementary, my dear Watson...", the most famous detective of all times, Sherlock Holmes, starts to explain something to his friend, Dr. Watson. That phrase has now entered the English language.

Sherlock Holmes first appeared in 1882. He became famous in "The Adventures of Sherlock Holmes". After that came the whole series of books about him. Many thousands of books about Sherlock Holmes are still sold every year.

Who invented Sherlock Holmes? Arthur Conan Doyle was his inventor. He was a doctor. In 1882 he moved from Scotland to England to set up a practice. One of the doctors he worked with, Dr. Joseph Bell, was the model for Sherlock Holmes's friend, Dr. Watson. Conan Doyle's medical knowledge was a great help to him in his detective stories.

Conan Doyle started the fashion of the detective story, which goes on.

And what sort of man is Sherlock Holmes? We learn a lot about him from the stories in which he appears. He is a quiet man, who only speaks when he has something to say. He smokes a pipe (he has a collection of them). He plays the violin. He carries a large magnifying glass. He lives at 221B Baker Street in London.

If you go to London, you will not be able to find 221B Baker Street. But instead, you can go to a pub called the "Sherlock Holmes". In that pub there is a room exactly like Sherlock Holmes's room at 221B Baker Street as described in Conan Doyle's stories.

Level 1

1. Выбери подходящий заголовок к тексту.

- A. Doctor Watson and Sherlock Holmes.
- B. Conan Doyle and Dr. Joseph Bell.
- C. Conan Doyle's Family.
- D. Conan Doyle and his characters.

2. Закончи предложения, используя текст.

- 1) Arthur Conan Doyle invented....
- 2) Conan Doyle started the fashion of ...
- 3) Dr. Joseph Bell was....
- 4) Sherlock Holmes is a quiet man ...

Level 2

1. Выбери предложение, соответствующее содержанию текста.

- A. Dr. Watson was Dr. Bell's assistant.
- B. Dr. Watson was Conan Doyle's friend.
- C. Dr. Watson was Conan Doyle's book character.
- D. Dr. Watson was Sherlock Holmes's relative.

2. Найди неверное утверждение.

- A. Dr. Watson was Sherlock Holmes's friend.
- B. Conan Doyle was a doctor.
- C. There is 221B Baker Street in London.
- D. The fashion of the detective stories goes on.

Level 3

1) Задай три вопроса к тексту.

2) Расставь предложения по порядку.

- 1. Conan Doyle started the fashion of the detective story.
- 2. Sherlock Holmes lives in Baker Street in London.
- 3. Sherlock Holmes first appeared in 1882.
- 4. In London there is a pub called the "Sherlock Holmes".
- 5. Arthur Conan Doyle wrote the stories about Sherlock Holmes. He was a doctor.
- 6. Sherlock Holmes was a quiet man, he smokes a pipe and plays the violin.

Text 3

1. The Earl of Sandwich lived long ago in England. He was a fanatic about playing cards. He didn't even want to stop playing to eat a meal and refused to put his cards away. So his servant invented a quick meal for him. He put some meat between two slices of bread, so that the Earl could hold his meal in one hand and play cards with the other.

2. Sandwiches were great favourites in Victorian England. It was a tradition to take an afternoon tea at about 5 o'clock, and many rich families ate sandwiches at that time. Cucumber sandwiches were very popular. The sandwiches were very small and delicate. Sandwiches are less elegant now and often much bigger.

3. The English eat millions of sandwiches every day. They are a typical "snack" meal because they are easy and quick to prepare. You can buy sandwiches if you don't want to make them yourself. There are thousands of sandwich bars and cafes and even some restaurants that sell them.

Level 1

1) Прочитай текст (1-3) и найди соответствия с заголовками (А-С).

А. Еда, быстрая в приготовлении. В. Граф Сэндвич и его слуга.

С. Любимая еда англичан в эпоху викторианства.

2) Закончи предложения, используя текст.

1. The Earl's of Sandwich servant invented
2. In Victorian England it was a tradition
3. The sandwiches are a typical "snack" meal because
4. You can buy sandwiches in

Level 2

1) Ответь на вопрос, выбрав правильный вариант.

1. What kind of meal did the Earl's of Sandwich servant invent?

- | | |
|--------------------------|-------------------|
| a) quick and convenient. | b) very delicious |
| c) very good for health | d) junk food |

2. What was one of great traditions in Victorian England?

- a) make cucumber sandwiches
- b) cut the crusts off the bread
- c) have 5 o'clock tea
- d) eat lots of sandwiches

3. What kind of sandwiches do people have today?

- a) very elegant
- b) very big
- c) with many slices of bread
- d) much bigger than they used to be

4. Why do people like to have sandwiches for their meal?

- a) Because sandwiches are a typical "snack" meal.
- b) Because people can do sandwiches themselves.
- c) Because sandwiches are easy and quick to cook.
- d) Because people can buy sandwiches almost everywhere.

Level 3

1) Задай три вопроса к тексту.

2) Расставь предложения по порядку.

1. Many rich families ate sandwiches at their afternoon tea at 5 o'clock.
2. They are a typical "snack" meal because they are easy and quick to prepare.
3. The Earl of Sandwich was fond of playing cards.
4. People can buy sandwiches in bars, cafes and even restaurants.
5. Cucumber sandwiches were very popular.
6. His servant invented a quick meal for him- sandwiches.

Text 4

1. William Shakespeare, the greatest English writer of drama, was born in 1564 in Stratford-on-Avon. We don't know everything about Shakespeare's early life. But we know that he studied at the Grammar School in Stratford, and that he became interested in the theatre when he was still a boy.

In 1586 Shakespeare went to London, where he worked in the theatre for some years before he began to write his own plays.

2. Shakespeare soon became well-known in London literary circles. Every play that he wrote was good news to the people of the capital. Queen Elizabeth I liked Shakespeare's plays, and the actors were often invited to play before the Queen and later before the King James - a great honor in those days. By the end of the 16th century Shakespeare and his friends built their own theatre - the famous Globe Theatre.

3. But Shakespeare had many difficulties in his life. Less talented writers, whose plays were worse than his, often quarreled with Shakespeare and attacked him, the actors in his own theatre sometimes turned against him.

4. Now people in many countries love and honor Shakespeare for his plays, comedies and tragedies that are still modern and well-known all over the world.

Level 1

1) Прочитай текст (1-4) и найди соответствия с заголовками (A-D).

- A. Известный драматург. C. Жизнь Шекспира.
B. Мировая известность. D. Трудности в жизни.

Level 2

1) Закончи предложения, выбрав правильный вариант.

1. Shakespeare was especially good at 2. It was a great honor in those days

- a) novels. a) to play before the Queen.
b) detective stories. b) to work in the theatre.
c) dramas. c) to write plays.
d) mystery plays. d) to live in London.

3. Shakespeare and his friends founded

- a) a library.
b) a museum.
c) a theatre.
d) a cinema.

2) Найдите предложение не соответствующее тексту.

- a) In his childhood Shakespeare got interested in the theatre.
b) The Queen and King of England liked his plays.
c) Shakespeare was widely known for his Globe Theatre.
d) Shakespeare had difficulties in his life.

Level 3

1) Задай три вопроса по тексту.

2) Расставь предложения по порядку.

1. By the end of the 16th century Shakespeare and his friends built the famous Globe Theatre.

2. He became interested in the theatre from his childhood.

3. William Shakespeare was the greatest English writer.

4. Shakespeare's plays, comedies and tragedies are loved and admired by a lot of people all over the world.

5. In London Shakespeare worked in the theatre and began to write his own plays.

6. Shakespeare had a lot of difficulties in his life.